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1234 South 2nd Avenue P.O. Box 231 Okanogan, WA 98840 (509) 422-7140 TDD (800) 833-6388

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FOR IMMEDIATE RELEASE

There are no confirmed cases of Coronavirus (COVID-19) in Okanogan County at this time. There is one individual who is being tested, however they are quarantined and pose no threat to the public.

Use the same procedures to lessen your risk of contacting the COVID-19 as you would any other contagious flu or virus.

- Wash your hands often with soap and water, use alcohol-based hand sanitizer when soap and water aren't available
- Avoid touching your eyes, nose, or mouth with unwashed hands
- Disinfect objects and surfaces
- Cover your mouth/nose with a tissue or sleeve when coughing or sneezing
- Avoid close contact with people who are sick
- Stay home and away from others if you are sick

CALL your healthcare provider or Washington State Department of Health Coronavirus Hotline at 1-800-525-0127# for a telephone screening before going to your health care provider.

Rely on information from trusted sources such as <u>Okanogan County Public</u> <u>Health</u>, <u>Washington State Department of Health</u>, and the <u>Centers for Disease</u> <u>Control and Prevention (CDC)</u>, not rumors or social media.